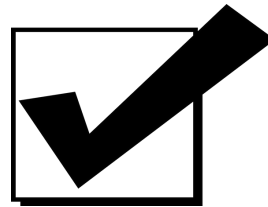


# NO-FAIL GOAL SETTING WORKBOOK



For More Info Visit: [Tayler.Silverduk.us](http://Tayler.Silverduk.us)

Failure is not an option, set yourself up with achievable goals with these 4 simple steps.

## GUIDE

1

### PRIORITIZE

List your goals and then rank them from most important to least.

### IDENTIFY BARRIERS

Spend time identifying what is stopping you from achieving your goals.

2

3

### MAKE A PLAN

How are you going to overcome your barriers? Write a plan.

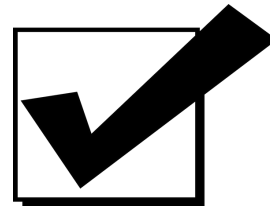
### FOLLOW THROUGH

Follow through on your plan and set yourself up with a plan of accountability

4

[Click here to download](#)

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## 1: PRIORITIZE

LIST YOUR GOALS



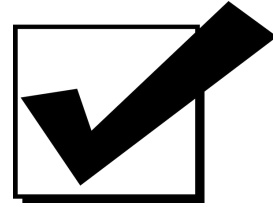
NOW RANK YOUR GOALS FROM BY ASSIGNING THEM NUMBERS  
- 1 (MOST IMPORTANT) TO LEAST IMPORTANT.



LIST YOUR 5 MOST  
IMPORTANT  
GOALS



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## 2: IDENTIFY BARRIERS

Try to list  
5-10 things  
that could  
prevent you  
from  
achieving  
your goal

**GOAL 1**

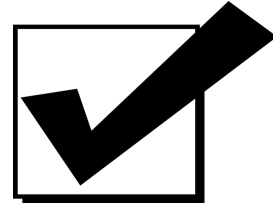
**GOAL 2**

**GOAL 3**

**GOAL 4**

**GOAL 5**

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## 3: MAKE THE PLAN

### GOAL 1

Empty box for Goal 1 plan.

### GOAL 2

Empty box for Goal 2 plan.

List things that you need to do to overcome barriers and work towards achieving each goal.

### GOAL 3

Empty box for Goal 3 plan.

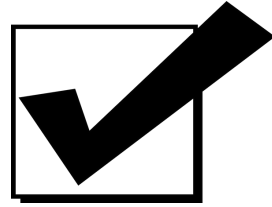
### GOAL 4

Empty box for Goal 4 plan.

### GOAL 5

Empty box for Goal 5 plan.

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## 4: FOLLOW THROUGH

### NOW

- To-do lists are written
- Accountability Partner
- Actionable steps are written in planner
- 5 goals are placed somewhere visible

### WEEKLY

- Check-in with your goals
- Check-in with your to-do lists
- Assess what's working and what isn't
- Adjust your plan if needed
- Ensure you're staying accountable